



Olds Denture & Implant Centre

Additional tips for immediate denture patients

1. Rinse 3 to 4 times a day and after meals with warm salt water.
2. When stitches have been placed, they are usually self-dissolving and will dissolve in approximately 5 to 10 days.
3. After one or two weeks, you can begin brushing your gums every day with a soft toothbrush. This stimulates blood flow which aids in healing and keeps tissue healthy.



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WHAT IS AN IMMEDIATE DENTURE



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What is an Immediate denture?

An immediate denture is a dental prosthesis constructed to replace the lost teeth and associated structures of the upper and/or lower arch which is inserted immediately following the removal of the teeth.

ADVANTAGES

Patient can carry on both business and social obligations without interruption. When stitches have been placed, they are usually self-dissolving and will dissolve in approximately 5-10 days

Physiologic

The immediate prostheses contribute to the health of the patient in the following ways;

1. Controls bleeding and swelling-the denture acts as a splint.
2. Protects against trauma- lessens pain and prevents irritation from the outside environment and tongue.
3. Promotes better ridge maintenance by avoiding excessive resorption.
4. Prevents loss of muscle action and tissue tone.
5. Maintains normal speech and tongue habits.
6. Inter jaw relations can be more accurately recorded and maintained.
7. Prevents possible TMJ/Temporomandibular Joint disorders

DISADVANTAGES

Although the advantages of immediate dentures exceed the disadvantages, they are not of such magnitude that the technical procedures can be overlooked.

The primary disadvantages are:

1. More office visits required, especially during the adjustment period.
2. No opportunity to observe the anterior teeth at the tryin appointment; therefore the denture cannot be fully assessed until insertion and
3. Less accuracy in initial fit to avoid the situation of being without teeth, your denturist will implement the immediate denture technique.

When is immediate used

This involves taking impressions of your mouth while your natural teeth are still present. Your denturist is then able to fabricate a denture in the likeness of your natural teeth or make any necessary modifications you may wish.

When your natural teeth are extracted, your immediate prostheses are inserted. In this technique, you have avoided having to go without any teeth while you go through the healing process.

Post-operative instruction and care:

1. 24 hours after extraction, remove and clean dentures with a denture cleaner.
2. Rinse mouth with warm (salt water) solution to promote healing.
3. Expect swelling and discomfort.
4. Take medication (if any prescribed).
5. Eat a high calorie, soft diet.
6. It takes 1-6 weeks for your extraction sites to heal sufficiently to allow the placement of a temporary liner called a "tissue conditioner".
7. Once the tissue has completely healed (which may take everywhere from six months to one year, only then should a permanent reline be done. This service is not included in the cost of the denture.