

## Personalized *your Service*

Your dentist will listen to all your needs in order to help you best. They will personally handle every step in the construction of your denture, from the first impression to the last adjustment. The dentist will instruct you in all of your daily denture needs, such as maintenance, how often you will need adjustments in order to make sure your comfort level is at its highest.

We use the highest quality materials for your benefit.

- Cosmetic/Esthetic Dentures
- Implant Supported Dentures
- All on 4 Dentures
- All Standard Denture Services
- Snoring/sleep Apnea Devices
- Partial Dentures
- Sport Mouthguards

### *Ask about our:*

- Patient Payment Plans
- Dental Financing
- Senior Discounts

**WE ARE CONCERNED ABOUT YOUR DENTAL HEALTH. DON'T HESITATE TO CONTACT US WITH YOUR QUESTIONS AND CONCERNS.**

*We are here to help you!*



**\$12.00**



**\$20.00**



**\$12.00**



**\$20.00**



**Olds Denture & Implant Centre**

**POST CARE BROCHURE**



**PO BOX 4105  
#4 5219 50th Ave.  
Olds, AB T4H1P7  
403-791-3303**

**403-791-3303  
info@oldsdenturecentre.com  
www.oldsdenturecentre.com**

**www.oldsdenturecentre.com**



## *How to keep your dentures clean*

### **Remember:**

#### **BRUSH-SOAK-BRUSH**

Always brush your dentures thoroughly before soaking, to remove loose food particles. Never use hot water, it can warp your dentures.

Soak your dentures overnight in a diluted mouth wash solution to keep them moist and to keep their shape.

Before reinserting your dentures, brush your gums, tongue, and roof of your mouth with a toothbrush, using a mild toothpaste (ask our office staff for suggestions)



## *Helpful Tips*

Handle with care. Your dentures can be broken. Clean them over a bowl of water or a towel in case you drop them.

**SCHEDULE REGULAR DENTAL CHECKUPS TO HAVE YOUR DENTURES PROFESIONALLY CLEANED.**

**IF THEY BEGIN TO SLIP OR CAUSE DISCOMFORT, NOTIFY YOUR DENTURIST. LOOSE DENTURES CAN CAUSE IRRITATION, SORES AND INFECTION**

## *Tips of Denture Care*

**BRUSHING** After every meal, gently brush your denture over its entire surface, paying close attention to spaces and areas that come in contact with your gums.

TIP-Always brush your denture over a sink full of water, or over a sink lined with a facecloth or towel. This way if you happen to drop your denture, the impact will be considerably lessened.

**RINSING**- Always rinse your denture under warm running water before reinserting it into your mouth or soaking it. This will help prevent you from swallowing any cleaning solution or contamination from the soaking solution.

You may also find that rinsing your mouth with salt water can have an appreciable therapeutic effect.

**SOAKING**- Do not use bleach to clean or soak your denture. It can weaken the structure and discolor the acrylic.

The denture you're wearing was made and adjusted to fit your mouth at a particular time in your life. With the passing years, your mouth changes considerably, even as your dentures wear out. Therefore, it is recommended that you have the fit checked every year, to ensure it's continued comfort, effectiveness as well as appearance.